

Treating the Soul Is the Best Way to Improve Health

Doug Crowe May 18, 2017



Modern medicine

Billions are spent annually researching everything from lung cancer to obesity. Yet, people are getting sicker every day. What are we missing?

([Newswire.net](#) -- May 18, 2017) Cebu, Mactan -- In the recent article on WebMD, "5 Preventable Conditions Shorten Lives," outlined obesity as the leading cause for shortening our life spans... beating out diabetes, tobacco, high blood pressure and high cholesterol.

No surprise there.

From high-fructose corn syrup to escalators into health clubs, modern man's lifestyle may be reversing the trend to a longer life span. On one hand, people are living longer due to technological advances in sustaining life.

Billions are invested into new treatments, processes and drugs to treat heart attacks, cancer and all the things that end our lives. But, our the financial resources and effort going to the right area?

According to [Dr. Leigh-Erin Connealy](#), M.D. founder of the Center for New Medicine, the billion dollar health care industry is pouring all of their resources in the wrong direction.

"People aren't getting well on any medication. We are merely maintaining and sustaining disease with pharmaceuticals," She continues, *"What drug works for Autism? ...there's no drug. Is there a treatment for autoimmune diseases? No. Chemotherapy? Chemo does not cure cancer."*

We've all heard of emotional eating. Is that not the core issue of obesity? Simply cutting out sugar and processed foods helps, but If nutrition was the only answer, dieting would work.

Just type in yo-yo diet into Google and you'll see over 3.9 million results and data. The evidence is clear, diets don't work.

The same is true for exercise, pills and even therapy. There is no single treatment or cure for disease, so is it likely there a unifying theory to the cause of all disease?

A growing group of healers are suggesting that obesity, like all ailments, is not the root cause of shortening our lives. Obesity, like cancer and diabetes is a symptom-not a condition.

Disease is the body's way of notifying us there is a problem. According to Dr. Pieter DeWet, *"Obesity is the body's way of telling us about an unresolved emotional issue."*

Drugs, surgery, therapy and 99% of all modern medical treatments focus on the tactile approach to healing. Have a headache? Take an aspirin. But, is the common element of illness isn't biological, systemic, or even genetic?

Digging deeper, we know that all of those areas have an even more fundamental foundation.

Energy.

All matter, from the screen you are reading this article on to the cells in our bodies are made up of atoms. Atoms, are made up of very tiny particles off neutrons and electrons. However, these particles are so small, they take up almost no space at all.

All matter is actually energy.

Energy, as it turns out, is the foundational "thing." Our bodies, strong or weak are vibrating masses of energy. Matter is an illusion. We can see, feel and experience it, but at the foundation, all "stuff" is actually energy.

When we treat an ailment chemically, the energy is not being addressed. When a person eats healthy, but has poor thoughts, disease can still grow and thrive. The energy of our thoughts, past trauma and feelings have as much or more

to do with our healing than any other approach.

Elite Spiritual Healer Ed Strachar puts it this way, *“Think of your soul as a balloon. The mylar is what contains the soul and the energy is the air inside. When we feel good, energized and healthy, our balloon is full. When we are tired, or have chronic pain or depression, the energy (air) in our balloon is deflated... it affects the rest of our body, our attitude, relationships, even finances. Restore the soul’s energy and the body knows how to heal and maintain itself perfectly.”*

Strachar knows a thing or two about science and how it relates to the metaphysical world. A former electronics engineer with multiple military patents for microchips, this Elite Spiritual Healer has hundreds of case studies showcased on his Facebook wall.

“I used to be a born again Christian, but something didn’t feel right,” he quipped. *“Why couldn’t 99.9% of priests and pastors not even heal a sick bird from 5 feet away? I learned over time that Spiritual healing had nothing to do with religion. It was all energetic. You can call it God, the Universe or whatever you want. The bottom line is all energy can be transformed and that’s what we do.”*



Perfect health is a natural state. Improving and maintaining it properly is ultimately our personal responsibility. Focusing on a symptom or a disease may be the first thing we think about, but as Hunter, “Patch” Adams said (made famous by the movie starring Robin Williams), *“You treat a disease, you win, you loose. You treat a person, I guarantee you, you’ll win, no matter what the outcome.”*

Perhaps treating the soul is the best option of all.

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