Turmeric is potentially better than opioids in various ways. As a natural pain reliever, it could be effective against neuropathic pain, which is a complication common in individuals with diabetes.

In an animal study, it was found that chronic use of curcumin has helped in the reduction of pain. It is believed that the ability of curcumin to inhibit pain could involve the endogenous opioid system.

In another animal model of neuropathic pain, it was found that this bioactive ingredient has the potential to block pain. It does so by interacting with opioid receptors.

Curcumin has been found to block pain, and it does so by interacting with endogenous opioid system. It also works by targeting certain mechanisms, like inflammation.

This bioactive agent could interact with a variety of biochemical targets that could inhibit pain. It could also interact with opioid receptors in the body to provide pain relief.

This phytochemical has also been found to counteract opioid tolerance. It is important to remember that using opioids on a long term basis can potentially cause resistance of tolerance to certain dose of opioids.

The researchers tried to see how turmeric could reduce pain like opioids, how it could ameliorate side effects, and how opioid could be tolerated.

The University of Illinois University researchers found that nanocurcumin formulations have decreased pain significantly. It was also revealed that it attenuated tolerance of morphine, which was also administered during the study.

Further, the researchers tried to see if curcumin could overcome its bioavailability issue. They observed that this amazing phytochemical attenuated both the dependence and tolerance of opioids. It is worth mentioning that curcumin did not hinder morphin’s ability to reduce pain.

Curcumin is a widely used natural remedy today. It is believed to popularize the spice turmeric due to its medicinal agents.

Curcumin contains many healing ingredients, which include antibacterial, antioxidant, anticarcinogenic, anti-inflammatory, antiseptic, antibiotic, and antiviral properties.

These are just some of the ingredients that many consumers want to nourish their bodies with. This phytochemical is one of the major reasons why many people incorporate turmeric in their diet.

These healing properties are thought to be as good as those contained in pharmaceutical drugs. The better advantage is that they do not cause side effects linked with the use of medications.

The human body has the tendency to negatively react against certain substances that it finds foreign, such as those found in pharmaceutical drugs. The good news is that curcumin has all-natural ingredients, and thus, the body doesn’t have difficulties working with it.
Curcumin is even used as a safer alternative to certain medications due to its therapeutic potentials and its lack of side effects. This healing ingredient could even be incorporated in one’s diet to improve overall health.

In a study featured in the Psychopharmacology, it was revealed that curcumin could be helpful in inhibiting morphine addiction. This could be extremely helpful to individuals who are suffering from morphine dependency.

Consumers may incorporate turmeric in their diet by adding it in dishes and beverages. There are also curcumin supplements available in the market today.

According to many consumers who use supplements, they have noticed some significant improvements in their overall health through supplementation. One possible reason is that supplements often contain high levels of curcumin.

(https://www.amazon.com/Turmeric-Curcumin-Complex-BioPerine-Bio-availability/dp/B00JA4TLTI/)

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