Sleep Apnea, No Adult Cure. For Children, There's Hope!

Kathie Turner July 11, 2017

With proper alignment comes intended profile

Certified dentists intervene with patented FDA Approved, comprehensive, permanent solution correcting habits to redirect growth with HealthyStartâ„¢.

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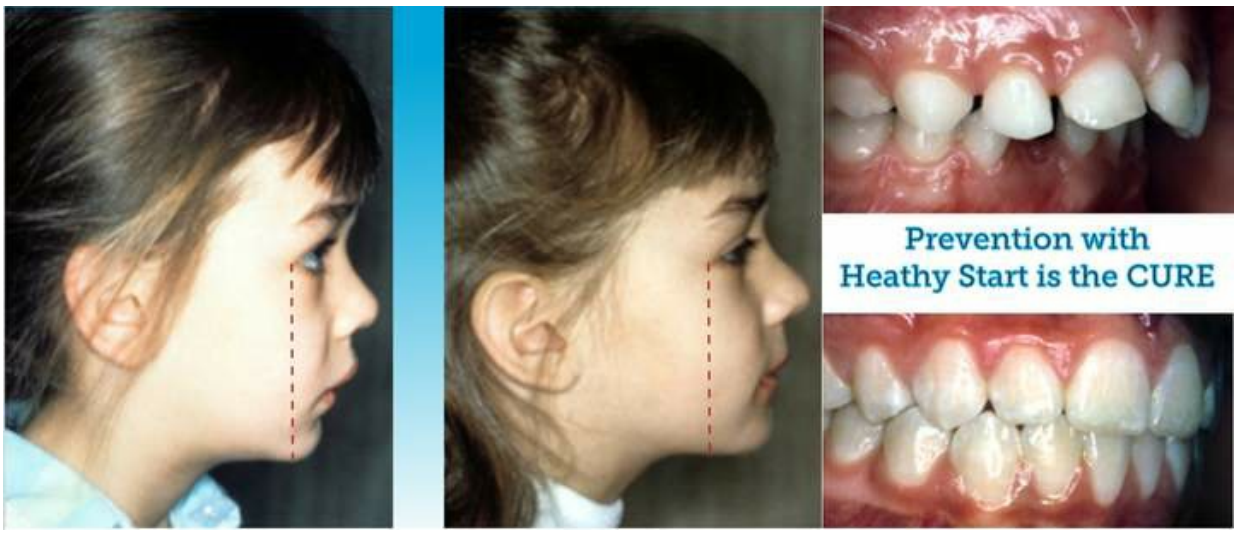
CAN YOUR DENTIST DO THIS?☝

There is a need for more Certified Dentists and Orthodontists. The world leader in advanced orthopedic and orthodontic treatment with patented removable appliances, offers CE training for a growing response to the HealthyStart™ system in the care for young children. 9 out of 10 children have one or more outward symptoms of Sleep Disordered Breathing, the underlying cause of these symptoms are the habits the appliances correct. There is a growing need for Dentists and Orthodontist able to treat-to-cure the underlying root cause. Over 3.5 million children have been treated globally in the past 50 years.

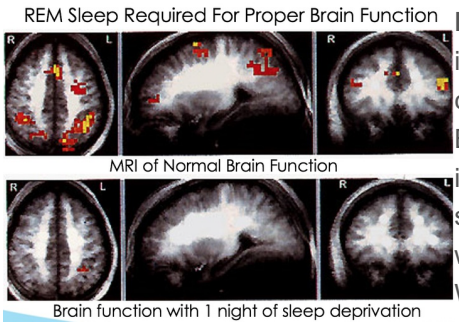
Immediate upcoming certification courses in Orlando, Charleston, Austin, Chicago, Dallas, Jackson, Boston and Ann-Arbor are scheduled with special focus on the 50 Year Anniversary in CHICAGO Aug 4th.-5th. www.UltimateLecture.com.

The HealthyStart™ treatment is UNIQUE and remarkable. The appliances align the jaws and direct the tongue into its proper place so the entire oral cavity is remediated through the appliance use, to function as nature intended.



On a parents' watch. In recent headlines, did 'Sleep Apnea' play a role in the death of Carrie Fisher? A troubling question for parents with young children headed in the direction of lifelong sleep and breathing issues. The bigger question of what can be done to prevent such a future? For these children, there is help by addressing the underlying root cause of Sleep and Breathing issues allowing for a healthier future for our children.

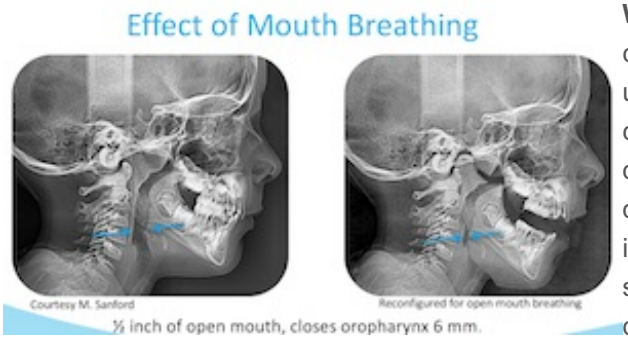
Many families have children with habits that produce symptoms that over time take-hold and may ultimately result in Sleep Apnea. In children, the medical profession will assign the term, Sleep Disordered Breathing, (SDB) as a condition diagnosed and treated. The term, Sleep Apnea, is generally recognized as an Adult Diagnosis. By any name, what can be done for your child- NOW?



Prevent early or treat with Band-Aids for life. The objective is to catch a child in their growth and development phase to retrain the tongue posture to swallow correctly and to rest on the roof of the mouth for nasal breathing. NASAL BREATHING is the healthy safe way we are meant to breathe. Mouth Breathing is a damaging habit wrought with unhealthy consequences, that can be successfully treated when the child is young. Don't wait, because every night without sleep is unhealthy for a child on a timeline of their growth.
We MUST correct the habits that may become lifelong traits if they continue, unabated into the stage of puberty. By then it is a permanent problem and these children will have nothing more than Band-Aids for life.
Courtesy Drummond, Stricker, Wong, Buxton (2002)

A mother's intuition with her son's airway and snoring- which is not cute, or natural.
https://youtu.be/KJk18rZa77I

How do we now know this? The understanding of what is happening and the treatment, has evolved and advanced over the past 50 years.
Dr. Earl Bergersen, DDS, MSD, ABO is a world changing Board Certified Orthodontist with 514 patents that apply to the removable appliances that treat these children mainly while they sleep. Ortho-Tain™ and HealthyStart™ comprehensively treat children for a permanent solution that is safe, pain-free, non-pharmaceutical and FDA Approved. The advanced orthodontic and orthopedic appliances simultaneously correct many developmental concerns collectively and without relapse. This includes straight teeth- as they are guided into place with the appliances instead of moving teeth after they have already anchored in with permanent fiber bundles, to their crooked and crowded position. Malocclusion is another outward symptom associated with SDB. (See symptom list below)



What is causing this? It is individual, there may be a genetic consideration, but it is largely our industrialized lifestyle that takes us off track. Pacifiers, nipple bottles and soft processed foods change the role of the tongue and lead to a cascading habit disaster. Oral habits like thumb or digit sucking alter a child's development. The problem becomes permanent as puberty locks in these characteristics like an accent or a child with untreated scoliosis. *'As the sapling bends, so the tree grows.'* It is a complex story but when parents learn about this, they get it. It all makes sense and they know what to do for their child- finally.
This is an important story for parents with children destined to sleep with CPAPs, endure potential future surgeries and the 24/7 consequences of fatigue misery. A horrible quality of sleep produces a diminished quality of life. It is a *'Life Sentence'* and the clock is ticking toward adolescence. Don't Wait.

Leslie Stevens CEO, ***"Show me your child's habits and I will show you their future ."*** *"92% of cases do not self-correct and if you wait and miss the opportunity to address this in the growth years, you will be left with costly, ineffective and painful Band-Aids for life. Understand these symptoms, which are sounding an alarm, should prompt parents to have their child evaluated by a certified provider. Our first message- DON'T WAIT!"*

ORTHO-TAIN™ HealthyStart™ was founded in 1967 by Dr. Bergersen DDS, MSD, ABO, who will lecture and be honored by alumni and colleagues, at the Northwestern Pritzker School of Law in Chicago on August 4th, 2017. The Friday night reception is a tribute to Dr. Bergersen's contribution in treating over 3.5 million children around the world in 37 countries. He taught at Northwestern Dental School for 25 years and operated a private orthodontic practice for 37 years in Chicago. Considered a giant in his profession, Dr. Bergersen truly has changed the world through Ortho-Tain® and HealthyStart's™ highly engineered appliances.

HEALTHY START IS
THE TECHNOLOGY OF OUR GENERATION

www.ULTIMATELECTURE.com

*Register with celebration discount code 'fifty' and receive a $900 discount on the course fee.

You will learn from Dr. Earl O. Bergersen DDS, MSD, ABO, the inventor himself at the Northwestern University School of Law CE Course event and join a reception tribute to the legacy of this World Changer at the Ryan Family Atrium on Friday evening, August 4th.

HEALTHYSTART™ TheHealthyStart.com 844-Kid-Healthy

The HealthyStart™ lecture event list provides options and is always growing at www.TheHealthyStart.com !

Orlando, FL Jul 14-15 Children's FREE Dental Screening-Sat. Jul 15th.

Charleston, SC Jul 21- 22 Children's FREE Dental Screening-Sat. Jul 22nd.

Austin, TX Jul 28-29 Children's FREE Dental Screening-Sat. Jul 29th.

Chicago, IL Aug 4-5 www.UltimateLecture.com 50th Anniversary Code 'fifty' ($900 Off)

Dallas, TX Aug. 18-19 Children's FREE Dental Screening-Sat. Aug. 19th.

Jackson, MS Aug 25-26 Children's FREE Dental Screening-Sat. Aug. 26th.

Boston, MA Sep 22-23 Children's FREE Dental Screening-Sat. Sep 23rd.

Columbus, OH Sep 29-30 Children's FREE Dental Screening-Sat. Sep 30th.

Ann Arbor, MI Oct. 5-6 Children's FREE Dental Screening-Fri. Oct.6 th.

Lectures in 2018 ->

Scottsdale, AR Jan 26-27, Children's FREE Dental Screening-Sat. Jan 27th.

Denver, CO Feb 2-3, Children's FREE Dental Screening-Sat. Feb 3rd.

New York, NY Feb 11-12, Children's FREE Dental Screening-Sat. Feb 12th.

Kailua Kona, HI Feb 16-17, Children's FREE Dental Screening-Sat. Feb 17th.

Denver, CO Mar 2-3, Children's FREE Dental Screening-Sat. Mar 3rd.

SYMPTOMS

1. Mouth Breathing
2. Snoring
3. ADD/ADHD Like Behaviors
4. TMJ Issues
5. Bed Wetting
6. Academics, Science, Math, Spelling
7. Restless Sleep
8. Arrested Growth
9. Nightmares
10. Chronic Allergies, Eczema, Asthma
11. Crowded, Crooked Teeth
12. Teeth Grinding, Bruxing

13. Tooth Decay Dry Mouth
14. Overbite/Overjet, Malocclusions
15. Dark Under Eye Circles
16. Swollen Adenoids/Tonsils
17. Aggressive Behavior, Irritability, Depression, Anger, Headaches
18. Daytime Sleepiness

A Parents Overview of Sleep Disordered Breathing and the HealthyStart™ Treatment.
https://youtu.be/Bk4gYOUVS8w

Dr. Earl O. Bergersen, DDS, MSD, ABO and CEO Leslie Stevens, are in Chicago and available for interviews.
1-844-Kid-Healthy
There are certified doctors in many cities and available for interviews. 844-kid-healthy
This story is well illustrated by resource materials that reveal a restricted airway,
teeth that straighten by the wearing of the appliance over time and
the profile change when the growth and development is improved.
Media Contact:
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832-880-3165
844-Kid-Healthy
kturner@TheHealthyStart.com

Patient Form

healthystart

Doctor: _____

Child's Name _____ Age _____ Date: _____

Filled Out By: _____ Relationship to Patient: _____

Sleep Disordered Breathing Questionnaire for Children

Earl O. Bergersen, DDS, MSD

The initial column should be filled out at first appointment, and the follow up column should be completed after 3 months of treatment. Please identify the following symptoms your child exhibits with the scale indicating severity of symptoms.

0 – Not Present 1 – 2 Mild 3 Moderate 4 - 5 Pronounced

Does your child:

	INITAL	FOLLOW UP	
1.	____	____	Snore at all?
2.	____	____	Snore only infrequently (1 night/week)
3.	____	____	Snore fairly often (2-4 nights/week)
4.	____	____	Snore habitually (5-7 nights/week)
5.	____	____	Have labored, difficult, loud breathing at night
6.	____	____	Have interrupted snoring where breathing stops for 4 or more seconds
7.	____	____	Have stoppage of breathing more than 2 times in an hour
8.	____	____	Hyperactive
9.	____	____	Mouth breathes during day
10.	____	____	Mouth breathes while sleeping
11.	____	____	Frequent headaches in morning
12.	____	____	Allergic symptoms
13.	____	____	Excessive sweating while asleep

	INITAL	FOLLOW UP	
14.	____	____	Talks in sleep
15.	____	____	Poor ability in school
16.	____	____	Falls asleep watching TV
17.	____	____	Wakes up at night
18.	____	____	Attention deficit
19.	____	____	Restless sleep
20.	____	____	Grinds teeth
21.	____	____	Frequent throat infections
22.	____	____	Feels sleepy and/or irritable during the day
23.	____	____	Have a hard time listening and often interrupts
24.	____	____	Fidgets with hands or does not sit quietly
25.	____	____	Ever wets the bed
26.	____	____	Bluish color at night or during the day
27.	____	____	Speech Problems *

*If yes, provide parent speech questionnaire

Was your reason for coming to this doctor for sleep or dental issues: _____

Based on Sahin et al, 2009; and Urschitz et al, 2004; AM Thoracic Soc Stand, 1996; Attanasio et al, 2010

Speech Questionnaire

To be filled out only if #27 was indicated above

Please check all that apply to your child:

	INITAL	FOLLOW UP	
28.	____	____	Is it difficult to understand your child's speech
29.	____	____	Difficult to understand over the phone?
30.	____	____	Nasal speech?
31.	____	____	Speech sounds abnormal?
32.	____	____	Others have difficulty understanding speech?

	INITAL	FOLLOW UP	
33.	____	____	Gets frustrated when people can't understand speech?
34.	____	____	Sometimes omits consonants
35.	____	____	Uses M, N, NG instead of P, F, V, S, Z sounds
36.	____	____	Hoarseness
37.	____	____	Lisp
38.	____	____	Any speech therapy?

How Long? _____

Based on Barr et al, 2007

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Form 022216SQI

Source: http://newswire.net/newsroom/pr/00097066-sleep-apnea-there-is-hope.html