Antioxidants Play a Key Role in Disease Prevention and Treatment

Alana McIntosh August 09, 2017

Antioxidant supplements have been found to be useful for the treatment of neural injury with oxidative stress.

(Newswire.net -- August 9, 2017) Orlando, FL -- A range of diseases and disorders affect many people from around the world today. There are pharmaceutical drugs formulated to treat these conditions. However, when dealing with diseases, it is important to use a remedy that could prevent and treat them.

Antioxidants play a key role in disease prevention and treatment. According to some experts, several antioxidant systems help the body cope with oxidative stress, which results from regular metabolic processes.

It has been found that antioxidants can fight the cell-damaging effects of free radicals. Antioxidant supplements, for instance, can be beneficial for the endogenous system. It is also important to understand that reduced levels of antioxidants have been linked with several ill-consequences of oxidative stress.

It has long been known that some types of fruits and vegetables could offer protection against various diseases and disorders, which include fatal ones like cancer. These edible items are found to be loaded with a variety of therapeutic ingredients like antioxidants.

In large studies, it has been found that those who consumed antioxidants regularly from fruits and vegetables seemed to have reduced incidence of diseases. It is further worth mentioning that the participants whose intake of antioxidants was low or who had excessive exposure to pro-oxidants had a higher risk of the medical conditions.

One of the instances where the body is heavily exposed to pro-oxidants is cigarette smoking. Experts have long been suggesting that when there is oxidation of low density lipoprotein (LDL) in the blood, the risk for heart disease also increases. Intake of vitamin E supplements has been found to be useful for reducing the risk of heart disease.

According to some researchers, there are organs that are vulnerable to oxidative injury, and they are the lungs, heart, and brain. The brain has been found to be particularly susceptible due to its high content of oxygen and a high metabolic rate. It also has increased levels of polyunsaturated lipids, which is the target of lipid peroxidation.

Antioxidant supplements have been found to be useful for the treatment of neural injury with oxidative stress. There are certain conditions that cause brain injury, such as Parkinson’s disease, Alzheimer’s disease, and other neurodegenerative disorders.

Antioxidants are researched as possible treatments for these neurodegenerative diseases, including amyotrophic lateral sclerosis.

(www.amazon.com/Resveratrol-Supplement-Trans-Resveratrol-Additional-Polyphenol/dp/B01N3LZY3O)

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