Turmeric Is Believed to Be a Medicinal Remedy for Gallbladder Problems

Melissa Scott  August 23, 2017

Turmeric contains a bioactive agent called curcumin, which contains many therapeutic agents. The researchers suggest that curcumin performs better than analgesics.

(Newswire.net -- August 23, 2017) Orlando, FL -- The gallbladder is located under the liver. It has its own functions and is also susceptible to various diseases and disorders. While there are pharmaceutical drugs available, there are also natural remedies thought to be helpful for the condition.

Turmeric is believed to be an ancient, medicinal remedy for individuals with gallbladder problems. This pear-shaped organ takes care of storing bile, which is made by the liver and utilized to digest fat.

Both the gallbladder and liver are connected to the small intestine via the bile duct. When there is infection in the gallbladder, it suffers from inflammation. This condition is called cholecystitis or choledolithiasis.

It is important to remember that gallbladder disease often causes symptoms, such as nausea, vomiting, and pain under the right arm, abdomen, or back.

According to experts, gallstones can be as tiny as a sand grain or as large as a golf ball. If the problem doesn’t disappear, the usual option is to surgically remove the gallbladder to avoid further complications.

Medications are often used in cases where the stone is tiny. Using medications, however, can be quite a long process. The stones could also disappear and reappear after two years.

Individuals who are obese are thought to be more susceptible to the condition. There are also other factors that trigger its development, such as undergoing hormone replacement therapy and increased weight following sudden weight loss.

Turmeric has a variety of antioxidant and anti-inflammatory benefits. It has long been used as a traditional medicine in Ayurveda.

“Many of its healing potentials are thought to come from its curcumin,” says Divine Bounty spokesperson, Melissa Scott.

Turmeric contains a bioactive agent called curcumin, which contains many therapeutic agents. Some of these agents are its antibacterial, antibiotic, anticarcinogenic, antioxidant, anti-inflammatory, antiseptic, antiviral, and anti-tumor properties.

In a study, a group of 50 individuals were treated with curcumin for 3 weeks after undergoing gallbladder surgery. The participants were advised to carefully record the fatigue, pain, and post-operative symptoms they would be suffering from.

The researchers studied the participants after the surgery at periodic intervals. After two weeks, it was found that the participants experienced reduced pain and fatigue scores after the intake of curcumin. After three weeks, they were absolutely free of pain.

The researchers suggest that curcumin performed better than analgesics.

There are actually other natural remedies for gallbladder problems, such as dandelions, artichoke, and rosemary. However, it appears that turmeric was superior in terms of providing protecting the gallbladder as well as the liver from oxidative stress.
The promising result of the study offers hope for the use of turmeric in the treatment of liver cancer and oxidative stress in the future.

(amazon.com/Turmeric-Curcumin-Complex-BioPerine-Bio-availability/dp/B00JA4TLTI/)

About Divine Bounty

Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced only the best ingredients to create the ideal blend of turmeric curcumin. More details are available at http://www.DivineBounty.com.

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