## Activated Charcoal Believed to Be a Natural Hangover Cure

Melissa Scott August 23, 2017



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(Newswire.net -- August 23, 2017) Orlando, FL -- The effects of hangover may vary from one person to another. There are actually medications found to be helpful to sufferers, but there are also natural remedies available.

Activated charcoal is believed to be a natural hangover cure. This natural remedy has a long history of medicinal use, and has been found to be useful for preventive health purposes. As a matter of fact, in traditional Chinese and Ayurvedic medicine, it has been used for fighting a range of diseases and disorders.

Individuals who suffer from a hangover normally experience symptoms, such as nausea, dizziness, fatigue, headache, and dehydration. It can also cause difficulties when trying to concentrate as well as sensitivity to noise and light. Some other symptoms are lethargy, diarrhea, and thirst.

It could also have some psychological effects, which include the feelings of depression, irritability, or anxiety. There are those who suffer from a hangover with just one alcoholic drink, while others drink heavily without even suffering from any hangover symptoms.

According to some experts, the body is only able to process approximately just one alcoholic drink per hour. Thus, consumption of so many drinks for a short period can actually increase the risk of a hangover. Hangovers normally occur when the intoxicating effects of alcohol are no longer noticeable.

Since alcohol is a diuretic, its consumption can actually lead to the removal of water from the body through urination. When one urinates more than usual, it leads to dehydration that also causes symptoms. Some of these symptoms are headache, dry mouth, nausea, and fatigue.

Activated charcoal, on the other hand, has been found to offer a variety of healing effects. It is even popularized by its ability to detoxify the body in a natural way.

The Princeton University conducted a study, and it revealed that activated charcoal is administered in various situations involving the consumption of alcohol. It is used in preventing hangovers or treating alcohol poisoning.

In another study, it was found that the presence of activated charcoal extensively mitigated blood alcohol concentration. Some experts suggest intake of one activated charcoal tablet before alcohol consumption.

Divine Bounty Activated Charcoal is widely believed to be one of the best formula options available. It is known for its impressively high potency and purity, which lead many consumers to believe it is superior over other brands.

Further, this amazing formula is carefully crafted in a facility approved by the FDA in the United States. It could be an all-natural hangover cure and could also be used for various purposes, such as against intestinal gas and body cleansing.

(www.amazon.com/Organic-Activated-Charcoal-Capsules-Whitening/dp/B071NZ5G56)

## **About Divine Bounty**

Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced only the best ingredients to create the ideal blend of turmeric curcumin. More details are available at http://www.DivineBounty.com.

## **Divine Bounty**

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