L-Carnitine Popularized by Its Potential Health Benefits

Melissa Scott | October 03, 2017

This supplement brand may be an excellent source of L-Carnitine’s attributes. It is safe and effective to use, and is even loaded with the potential benefits of this natural alternative.

(Newswire.net -- October 3, 2017) Orlando, FL -- Today, more and more researchers and clinicians are investigating the potentially therapeutic goodness of natural ingredients such as L-Carnitine.

L-Carnitine is popularized by its potential health benefits. Health & Healing has published an article that reveals the possible health benefits of L-Carnitine. This natural alternative is believed to enhance heart function, reduce angina, and increase exercise tolerance in individuals with coronary artery disease as well as heart failure.

It has been found to be a safe and less costly supplement overall. According to a study, it may help to enhance physical and mental energy and endurance as well as reduce fatigue and muscle loss. Further, it is thought to enhance cognitive function.

Depletion of carnitine is often due to genetic defects, kidney and liver disease, use of a certain epilepsy drug, advancing age, and cancer. Deficiency of this amino acid has been linked with fatigue, and this is likely due to the fact that L-Carnitine is involved in energy production.

There are those with L-Carnitine deficiency who also suffer from an increase in body fat, frailty, mental and physical slowdown, and loss of muscle mass.

In some clinical trials, it was found that the use of L-Carnitine led to mental and physical improvements. The participants scored an average of four points in the common test of memory function called the Mini-Mental State Examination.

In meta-analysis, which involved 13 placebo-controlled studies published in the Mayo Clinic Proceedings, it was found that L-Carnitine was able to reduce angina by 40% and ventricular arrhythmias by 65%. It also led to a reduction in the risk of death by 27%.

While using L-Carnitine supplements is often highly recommended, experts suggest that consumers need to learn exactly how to choose a formula. There are many supplements available in the international market today, and only a few may be truly helpful.

One is Divine Bounty’s L-Carnitine supplement, which continues to gain the interest and trust of many consumers from around the world. This formula is carefully-crafted to be highly potent and pure, and to deliver the potentially therapeutic goodness of this natural ingredient.

It is made in a facility approved by the U.S. FDA, and according to strict GMP guidelines. It is manufactured with neither the involvement of dangerous processes nor unwanted ingredients. Further, this fantastic formula is backed with a complete customer satisfaction guarantee.

This supplement brand may be an excellent source of L-Carnitine's attributes. It is safe and effective to use, and is even loaded with the potential benefits of this natural alternative.

(https://www.amazon.com/dp/B06XF7K9MM)

About Divine Bounty

Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced only the best ingredients to create the ideal blend of turmeric curcumin. More details are available at
Divine Bounty

12001 Research Parkway
Suite 236 A
Orlando, FL 32826
United States
(407) 545 7738
media@divinebounty.com
http://www.DivineBounty.com