Turmeric Could Fight Rheumatoid Arthritis in Multiple Ways

Melissa Scott  October 18, 2017

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(Newswire.net -- October 18, 2017) Orlando, FL -- Rheumatoid arthritis is second to osteoarthritis as the most prevalent arthritic condition in the United States. While there are pharmaceutical drugs available, it is worth mentioning that there are also natural remedies believed to be helpful for the condition.

Turmeric could fight rheumatoid arthritis in multiple ways. This type of arthritic condition results in inflammation in the joints and tissues. It could potentially affect body organs and is more common in middle-aged individuals. Women have also been found to be more prone to the condition.

According to some health experts, irregularities in the functioning of the immune system could result in accidental attacks to healthy tissue. This then leads to the development of rheumatoid arthritis.

There are other risk factors of the condition, such as infection, hormonal changes, and genes. It often starts as a minor joint pain and eventually leads to loss of motion as well as deformity to the joints.

There are other symptoms such as dry mouth and eyes, chest pain, and tingling and numbness in the feet and hands. Sufferers may also experience a burning sensation in the eyes that is accompanied by discharge and itching.

Some of the treatments are exercise, surgery, medication, and physical therapy. Medications include pain relievers and those that fight inflammation, such as nonsteroidal anti-inflammatory drugs (NSAIDs).

NSAIDs and other pain relievers are widely thought to be extremely helpful. They are not just used by arthritis sufferers but also athletes.

According to some arthritis sufferers, NSAIDs are helpful in easing their pain as well as in improving their mobility. These medications are believed to be a quick-fix to pain, stiffness, and immobility.

There are many arthritis sufferers who succumb to depression due to their inability to move and function well. There are even those who suffer from unemployment and disability due to the condition.

The use of NSAIDs has been found by many arthritis sufferers to be extremely helpful. However, it can’t be denied that they cause side effects.

Turmeric has been widely thought to be a safer and effective alternative to pain medications. It contains a bioactive agent called curcumin, which has many healing agents.

Some of these therapeutic agents are its strong anti-inflammatory properties. The anti-inflammatory properties of curcumin are believed to be responsible for its ability to fight arthritis symptoms.

It is further worth mentioning that curcumin contains a variety of therapeutic agents. Some are its antibacterial, antiseptic, anticarcinogenic, antioxidant, antimicrobial, and antiviral properties.

Turmeric is thought to exert anti-inflammatory effects on the condition. It even has the potential to help reduce the degeneration of arthritic tissues and joints.

According to some researchers, this medicinal spice could even induce programmed cell death in damaged and inflamed tissue. This could offer protection to the nearby cells. The curcumin in turmeric has also been found to have protective effects in the joints.
The antioxidant effects of curcumin is also something that contributes to the fight against RA. These antioxidants can make positive changes on the target tissue and joints in rheumatoid arthritis.

One of the best advantages in using curcumin is that this natural remedy could potentially offer a myriad of health benefits. Curcumin supplements contain high amounts of various healing properties, many of which are comparable to the pharmacological properties found in medications.

(http://www.amazon.com/Turmeric-Curcumin-Complex-BioPerine-Bio-availability/dp/B00JA4TLTI/)

About Divine Bounty

Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced only the best ingredients to create the ideal blend of turmeric curcumin. More details are available at http://www.DivineBounty.com.

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