

ISB Hosts Breast Cancer Awareness and Movember Events

Aisling O'Brien November 20, 2017



ISB Students Shave Teacher for Movember

International School of Beijing (ISB) celebrates their commitment to health with events for Breast Cancer Awareness and Movember.

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Each year, during the months of October and November, the International School of Beijing (ISB) community participates in activities that promote well-being, healthy lifestyles, and making positive choices.

In October, ISB celebrated women's wellness: educating the community on topics of respect and tolerance, health issues affecting women, body image, gender equity, women and education, and leadership and empowerment. Students and teachers came together to organize events and initiatives which took place across the month. Highlights included the #WeForWomen Tutu Walks each Wednesday, during which students, teachers, and parents paraded through school, and the faculty and parent vs. student games in volleyball and basketball, which were organized by high school athletes. All funds raised were donated to the [Breast Cancer Research Foundation \(BCRF\)](#), which aims to prevent and cure breast cancer by advancing the world's most promising research.

In November, the ISB community celebrates men's health, with health education and outreach activities taking place across the campus. This initiative aims to increase awareness of, and encourage early detection and treatment for preventable health problems among men and boys. On Monday, November 6, we kicked off the month with a Movember shave-off: staff, students, and parents turned up to get a clean shave before ditching their razors for the month-long increase in facial hair around the school. All donations will go to the [Movember Foundation](#), which tackles men's health, focusing on preventing early mortality.

The ISB community is committed to creating a culture of balance and well-being across its entire school community. At ISB, student- and teacher-run groups provide activities to support balance and health for all. [ISB's Employee Wellness Program](#) is a volunteer driven collective of teachers, support staff, administration, and ISB community members dedicated to keeping the school community balanced, healthy, supported, growing, and curious.

About International School of Beijing

International School of Beijing is one of China's top international schools. Their culturally diverse student body of more than 1,600 students represents over 50 countries. The school offers a balanced learning environment where skilled and passionate teachers bring out the best in their students.

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