Curcumin™’s Anti-Inflammatory Properties Could Protect the Liver

Cathy Briggs March 09, 2018

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(Newswire.net -- March 9, 2018) Las Vegas, NV -- The therapeutic properties turmeric possesses have long been thought to fight diseases and disorders. These healing agents have also been thought to have the ability to offer protection to the body and various organs.

Curcumin’s anti-inflammatory properties could protect the liver. Curcumin can be found in turmeric, which is an ancient, therapeutic spice. Turmeric has been utilized for thousands of years in traditional Chinese and Ayurvedic medicine.

According to some researchers, curcumin contains various agents that are therapeutic and good for overall health. Some of these healing agents are its antibacterial, antioxidant, anti-inflammatory, antimicrobial, antiseptic, antiviral, anticarcinogenic, antitumor and antibiotic properties.

All of these healing properties and many others that can be found in curcumin are believed to target different aspects of health. They could work together to help the body increase its immunity against diseases.

Curcumin has long been thought to promote liver health. As a matter of fact, past research has found that turmeric has the potential of repairing damaged liver tissues.

In recent research conducted in Israel, it was found that curcumin is potentially effective as a natural treatment for liver cirrhosis. This condition takes place when the healthy, normal tissues in the liver turn to scar tissues.

The Liver International published a new study that tried to determine the effects of turmeric on damaged liver. It was found that curcumin has some beneficial effects on liver damage.

Lab rats were induced with liver cirrhosis via the administration of thioacetamide (TAA), which is a solvent typically used in the processing of leather and textile. Half of the rats with liver damage were treated with curcumin through force-feeding.

After 12 weeks, it was found that the curcumin group fared better than the group that did not receive the treatment. The healing effects of curcumin were thought to be due to its anti-inflammatory properties.

According to researchers, curcumin successfully prevented the development of TAA-induced liver cirrhosis due to its anti-inflammatory effects.

According to some health experts, prevention is the first line of defense. Consumers should ensure that they are protected from diseases so that they won’t need to seek treatment.

It is important to remember that various treatments nowadays, such as pharmaceutical drugs, may be helpful but they can cause side effects. There are even cases when the adverse effects caused by the use of medications are worse than the ailment the pharmaceutical drugs are used for.

This is why it could be extremely beneficial to provide the body with the health-enhancing properties it needs to increase its protection against diseases.

It is important to understand that liver cirrhosis can be caused by excessive consumption of alcohol or hepatitis types A, B, and C. It could also be due to overuse of nonsteroidal anti-inflammatory drugs (NSAIDs). This condition is an example that the use of certain medications could be extremely dangerous.

One of the best benefits of using this spice is that it not only helps fight diseases but could also improve overall health.
Thus, consumers would be able to address various aspects of their health through curcumin supplementation. There are many individuals nowadays who consume curcumin supplements to avoid various ailments. Since supplements are easy to administer on a daily basis, many consumers find it extremely beneficial to use them.


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