

# Experts Say Resveratrol Targets Multiple Aspects of Arthritis

Alana McIntosh March 23, 2018



Purest Vantage Resveratrol

**Resveratrol potently blocks cell death pathways and therefore protects joints from damage and inflammation. This is due to the inhibition of nitrogen oxide production by resveratrol.**

([Newswire.net](#) -- March 23, 2018) Wilmington, Delaware -- Arthritis is one of the most prevalent painful conditions nowadays. There are medications available, but there are also natural remedies believed to be helpful for sufferers.

Resveratrol targets multiple aspects of arthritis, experts say. This natural remedy is popularized by its strong antioxidant effects. However, it also possesses other therapeutic ingredients that could be beneficial against arthritis.

Individuals who suffer from arthritis typically experience symptoms like swelling, stiffness and joint pain. While there are many types of this condition, the two most common and chronic forms are rheumatoid arthritis and osteoarthritis.

According to some experts, rheumatoid arthritis could lead to lumps that could damage the lungs and eyes. This painful and progressive inflammatory condition is often considered to be a genetic disorder.

Osteoarthritis, on the other hand, is a degenerative disorder that occurs due to wear and tear of the joints. It is common in middle-aged and elderly individuals, and often affects the spine, knees, hips and fingers.

This natural polyphenolic compound called resveratrol can be found in plants. It is used by plants for protection against pathogens. Its antioxidant properties are found to avoid cell damage inside the body.

It has been found that resveratrol could act on genes when treating arthritis. It has a way of interacting with the cellular transcription factors associated with arthritis symptoms. It blocks them and prevents the onset of the condition.

Resveratrol could also offer protection to joint health. In a study, it was found that resveratrol was able to monitor enzyme levels and offer relief from damage caused to tissues. What makes resveratrol even more impressive is that it has chemo preventive action, and could even prevent the progression of arthritis.

In a study, it was found that resveratrol helped by delaying cell destruction. It also offered protection to the tissue against the detrimental effects of the condition.

What makes resveratrol even more beneficial against arthritis is its ability to improve the body's antioxidant defenses. Its antioxidant properties fight free radicals, which act on the joints and accelerate the process of aging.

The researchers suggest that resveratrol could be useful for arthritis prevention. This is due to its ability to target the mtROS mechanism. It could also eradicate toxic free radicals from the body. This has been found helpful in reducing oxidative stress while improving cell viability.

Resveratrol potently blocks cell death pathways and therefore protects joints from damage and inflammation. This is due to the inhibition of nitrogen oxide production by resveratrol.

To experience the therapeutic, anti-arthritis goodness of resveratrol, consumers may take into account the use of Purest Vantage Resveratrol Formula.

([www.amazon.com/Resveratrol-Supplement-Trans-Resveratrol-Additional-Polyphenol/dp/B01N3LZY3O](http://www.amazon.com/Resveratrol-Supplement-Trans-Resveratrol-Additional-Polyphenol/dp/B01N3LZY3O))

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4023 Kennett Pike #51234

Wilmington, DELAWARE 19807

United States

(302) 643-9411

[support@activerge.com](mailto:support@activerge.com)

<http://www.activerge.com>

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