Resveratrol has a one-two punch against inflammation. Thus, it could be an effective remedy in fighting deadly inflammatory diseases like peritonitis, appendicitis and systemic sepsis.

(Newswire.net -- April 3, 2018) Orlando, FL -- For thousands of years, humans have been utilizing the therapeutic ingredients offered by Mother Nature. One of these ingredients is resveratrol, which has been widely thought to offer a variety of healing properties.

Researchers are investigating resveratrol’s anti-inflammatory effects. Resveratrol has been widely known to be a strong antioxidant that can be found in certain fruits and vegetables. However, it also has strong anti-inflammatory properties, which are thought to be helpful in fighting inflammation inside the body.

According to some experts, when inflammation is short-lived and managed, it could be harmless and even beneficial to the body. However, it could be detrimental to health when it becomes chronic.

It is essential to manage inflammation levels in the body. When it is managed, it could trigger the body’s immune response to fight against any potential health threats.

In a new research, it was found that resveratrol has a one-two punch against inflammation. Thus, it could be an effective remedy in fighting deadly inflammatory diseases like peritonitis, appendicitis and systemic sepsis.

In the study, it was found that resveratrol halts the human body from producing sphingosine kinase and phospholipase D, which are molecules with strong abilities to trigger inflammation.

It has long been suggested by experts that consumers should avoid inflammation triggers. There are certain types of food that trigger inflammation, such as the ones that are processed. Today, many people are consuming processed food on a daily basis.

Consumption of these foods is just one of the contributory factors of inflammation. It is best that natural substances, such as resveratrol, are used to assist the body in fighting inflammation in a natural way.

There are medications, such as nonsteroidal anti-inflammatory drugs (NSAIDs), which are used to fight pain and inflammation. NSAIDs are particularly popular among athletes and individuals with arthritis. While these medications are formulated to fight inflammation, they only offer temporary inflammation-fighting effects.

What makes their use even more disadvantageous is that they could potentially cause some side effects. Thus, it would be wise to use anti-inflammatories like resveratrol to naturally fight inflammation inside the body. Using resveratrol does not expose consumers to the risk of side effects.

Consumers may eat certain types of fruits and vegetables to take advantage of the anti-inflammatory effects of resveratrol. They may also turn to resveratrol supplements from Divine Bounty, which contain extracts of grape seed, red wine, Acai fruit and green tea.

Through the combination of these ingredients, consumers would be able to take advantage of a variety of healing ingredients.

(http://amazon.com/Resveratrol-Supplement-Strength-Extract-capsules/dp/B019C0UU5S)

About Divine Bounty

Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced

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