Rhodiola Rosea Found to Be a Potential Mental Health Booster

Melissa Scott  April 03, 2018

Divine Bounty’s Rhodiola Rosea is an excellent source of this herb’s possible brain-health benefits. This formula is popularized widely by its high potency and purity.

(Newswire.net -- April 3, 2018) Orlando, FL -- Rhodiola Rosea is a perennial plant that is also called golden root. It is widely studied due to the variety of health-based effects it is believed to offer for the body and brain.

Rhodiola Rosea has been found to be a potential mental health booster. This herb has long been linked with a series of physical and mental health benefits. It has a long history of health-based use due to the variety of natural agents it possesses.

The traditional Chinese medicine and Canadian Inuit tribes have long been utilizing this herb for a range of health-promoting purposes. It has been studied and found that it contains potent flavonoid, glycoside and proanthocyanidin content.

These chemical constituents have demonstrated powerful neuroprotective and anti-aging effects. Thus, Rhodiola Rosea is speculated to be particularly beneficial for mental health.

In a research study, it was found that this herb has powerful mood-boosting and emotional-stabilizing properties in individuals with mood disorders. This compound also did not cause side effects unlike certain antidepressants.

In a Swedish study, it was found that this herb was able to decrease fatigue, reduce stress hormones and promote mental performance.

What makes it even more beneficial is that it thought to promote positive responses to stress and anxiety. Stress is normal for many people. However, it causes detrimental effects on health when it gets chronic.

In a clinical study, it was found that this herb was able to reduce indications of stress without causing adverse effects. The authors of this study suggest that Rhodiola may be an all-natural option for stress. Further in a recent animal study, it was found that this herb significantly improved mental and emotional anxiety in times of stress.

Rhodiola Rosea also has the potential to also offer support to neurological functions. It has possible anti-aging effects on the skin due to its antioxidant compounds. It is also thought to offer protection from skin degradation as well as reduce the risks of age-related conditions.

This herb contains salidroside, which has potent antioxidant potential. It is also believed to promote brain health and offer protection against neurotoxicity.

Divine Bounty’s Rhodiola Rosea is an excellent source of this herb’s possible brain-health benefits. This formula is popularized widely by its high potency and purity. What makes it even more beneficial is that it is protected with a complete customer satisfaction guarantee.

This formula is made carefully in a Good Manufacturing Practices (GMP) facility in the United States. It is also believed to be a safe and effective source of Rhodiola. This formula is made according to the high standards and strict guidelines of the U.S. FDA.

(https://www.amazon.com/Rhodiola-Rosea-Supplement-Siberian-Salidroside/dp/B07416DYPB)

About Divine Bounty

Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate
about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced only the best ingredients to create the ideal blend of turmeric curcumin. More details are available at http://www.DivineBounty.com.

Divine Bounty

12001 Research Parkway
Suite 236 A
Orlando, FL 32826
United States
(407) 545 7738
media@divinebounty.com
http://www.DivineBounty.com

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