Research Reveals the Inflammation-Fighting Effects of Magnesium

Melissa Scott  April 18, 2018

Individuals with arthritis may take into account the use of Divine Bounty Magnesium Citrate. This amazing formula is packed with the therapeutic goodness of magnesium.

(Newswire.net -- April 18, 2018) Orlando, FL -- Conditions like arthritis continue to affect many people from around the world today. While there are medications available, it is best to consider natural anti-inflammatories like magnesium.

Research revealed the inflammation-fighting effects of magnesium. Inflammation can be absolutely harmless if it’s well-managed and short-lived. However, it could trigger the onset of various diseases when it becomes chronic. This is why many health experts recommend that people, especially those suffering from arthritis, should take the measures necessary to maintain healthy inflammation levels in the body.

Many arthritis sufferers turn to the use of nonsteroidal anti-inflammatory drugs (NSAIDs). These medications are widely popular not just among individuals with arthritis, but also athletes. This type of medication has been known to alleviate pain and reduce inflammation inside the body.

According to some arthritis sufferers, NSAIDs work quickly for providing pain relief. There have actually been many arthritis sufferers who claimed that they have achieved significant improvements in their pain and mobility due to the use of the medication.

Unfortunately, it is important to realize that this medication could cause some side effects, which include the increased risk of heart attack, stroke and gastrointestinal bleeding. Due to the potential side effects, many sufferers are actually turning to the use of safer alternatives.

Magnesium could be one of these safer options. This macro-mineral has been considered to be essential for human health and survival. It can be found in a variety of fruits and vegetables, but it could also be obtained through supplementation.

Some researchers reveal that magnesium is involved in hundreds of enzymatic reactions and processes inside the body, which are essential for human health and survival. This mineral is apparently therapeutic, and its deficiency has even been linked with a variety of diseases, disorders and symptoms.

The anti-inflammatory properties of magnesium have been found to reduce inflammation inside the body. According to a research study, when there is an increase in the concentration of magnesium, it also reduces inflammation levels in the body. Magnesium deficiency has further been found to activate inflammatory response.

To experience the therapeutic goodness of this macro-mineral, consumers or individuals with arthritis may take into account the use of Divine Bounty Magnesium Citrate. This amazing formula is packed with the therapeutic goodness of magnesium, and it even contains citric acid.

According to some experts, citric acid helps with enhancing magnesium absorption inside the body. Through the use of this amazing formula, consumers would be able to experience the benefits of magnesium, especially its anti-inflammatory effects.

(www.amazon.com/Divine-Bounty-Magnesium-Citrate-Supplement/dp/B01LYWPNY6)

About Divine Bounty

Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced only the best ingredients to create the ideal blend of turmeric curcumin. More details are available at
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