Scientists Find Osteoarthritis Is Associated With Heart Disease

Melissa Scott June 19, 2018

Glucosamine is a natural remedy that is potentially helpful in repairing damaged joint cartilage and improving overall joint health.

(Newswire.net -- June 19, 2018) Orlando, FL -- For many individuals with osteoarthritis, pain, stiffness and immobility are a part of their daily struggle. However, there are actually many other disadvantages of having this condition.

Osteoarthritis sufferers are believed to be more at risk of heart disease. Heart disease has been considered to be one of the most fatal conditions today. There are many who turn to a healthy diet and lifestyle to make sure that they take better care of their heart.

However, it appears that having a condition such as osteoarthritis could be associated with the development of heart disease. Osteoarthritis is the most common form of arthritis in the United States.

According to scientists, osteoarthritis could be more than just a joint problem. In December 2013, a study was conducted by Canadian researchers. They found that women and older men with knee or hip osteoarthritis were more likely to be hospitalized for heart problems than those with the arthritic condition.

The study was published in the Arthritis Care & research. The participants belonged to the registered sample population in a large database of Canadian Ministry of Health. The total number of the participants with osteoarthritis was 12,745.

The factors believed to contribute to the link between osteoarthritis and heart problems are socioeconomic status, sex, age and health conditions. These health problems are diabetes, high cholesterol and high blood pressure.

The researchers studied the participants for 13 years, and during the study period, 8,000 were hospitalized for different types of heart disease. The data analysis showed that osteoarthritis could be closely linked to the increased risk of hospitalization for cardiovascular ailments. This was found in women and men who were 65 years and above.

It is worth mentioning that the heart disease risks were linked with the use of nonsteroidal anti-inflammatory drugs (NSAIDs). This pharmaceutical drug is widely used by individuals with arthritis, such as osteoarthritis and rheumatoid arthritis.

These medications are formulated to ease pain and decrease inflammation caused by arthritis. They are used by arthritis sufferers to move painlessly and be able to improve their overall quality of life. There are those who are able to restore their mobility due to NSAIDs.

Unfortunately, their pain relieving effects are only temporary and they could even cause side effects. One of these side effects is the risk of heart disease.

Glucosamine, which is a popular joint health enhancing supplement, is believed to be a safer alternative to these medications. This natural remedy is potentially helpful in repairing damaged joint cartilage and improving overall joint health.

(www.amazon.com/Glucosamine-Sulfate-Supplement-2000mg-serving/dp/B0126ZF0B0)

About Divine Bounty

Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced only the best ingredients to create the ideal blend of turmeric curcumin. More details are available at http://www.DivineBounty.com.
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