Study Now Shows Psoriasis Linked With Increased Risk of Early Death

Alana McIntosh June 28, 2018

Purest Vantage B Vitamin Complex is an excellent source of these nutrients. This formula is highly potent, free from nasty ingredients like binders, fillers, additives and GMOs.

(Newswire.net -- June 28, 2018) Orlando, FL -- Research shows that psoriasis is highly prevalent nowadays. This skin condition is often addressed through pharmaceutical treatments. Researchers are conducting studies to learn more about this condition. Scientists in the Perelman School of Medicine at the University of Pennsylvania conducted a new analysis.

In this study, they found that the wider the surface area affected by psoriasis, the greater the risk of death in a sufferer. This study was published in the Journal of Investigative Dermatology.

Researchers revealed that individuals with 10 or more percent of psoriasis are at nearly a doubled risk of death. The American Academy of Dermatology reveals that psoriasis affects around 7.5 million people in the United States.

This disease affects the immune system. Inflammation triggers skin cells to multiply faster than normal. They typically produce red, raised patches, which are covered by silvery scales once they reach the skin surface and die.

Psoriasis normally affects the knees, scalp, elbows, feet, and hands, but it may also happen in the genitals, nails, face, lower back, and other places.

Study's senior author Joel M. Gelfand, MD MSCE, a professor of Dermatology and Epidemiology at Penn. says that psoriasis is well-established to be linked with an increased risk for some comorbidities.

This includes comorbidities like diabetes, chronic kidney disease, and cardiovascular disease. Health experts have long been warning psoriatic sufferers to get the treatment that may be helpful for them.

It is speculated that certain nutrients are helpful against this skin condition, and it includes B vitamins. According to some experts, many essential biological processes inside the body need B vitamins. This actually includes red blood cell formation, as well as nervous system function.

In some studies, it has been found that vitamin B12 injections aided in reducing the symptoms of psoriasis. Scientists conducted a small study, which was published in Dermatology. It was found that cream containing vitamin B12 and avocado produced promising results in the treatment of chronic plaque psoriasis.

Vitamin B12 has long been speculated to maintain healthy skin. It is believed that vitamin B12 deficiency directly causes psoriasis. Vitamin B12 has been linked with a range of health benefits. There are other B vitamins widely studied by researchers due to the essential roles they play for health.

Deficiency of B vitamins is even linked with the onset of certain symptoms and diseases. Purest Vantage B Vitamin Complex is an excellent source of these nutrients. This formula is highly potent, free from nasty ingredients like binders, fillers, additives, and GMOs and is also protected with a complete customer satisfaction guarantee.

It contains Choline, Biotin, Vitamin B12, Folic Acid, Pantothenic acid, Niacin, Riboflavin, Thiamin, and vitamin B6.

(https://www.amazon.com/Vitamin-B-Complex-90-Capsules/dp/B0773N3MFK)

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