Experts Suggest Turmeric Has Strong Anti-Arthritic Effects

Michelle O'Sullivan July 01, 2018

VitaBreeze is dedicated to ensuring that this formula is not just potent and pure, but also has superior absorption. It offers 50 percent more potency and 50 percent more capsules.

(Newswire.net -- July 1, 2018) Orlando, FL -- The popularity of turmeric as a treatment for arthritis is believed to be increasing worldwide. There are pharmaceutical drugs available, but it appears that many are eyeing off this natural remedy.

Experts suggest turmeric has strong anti-arthritic effects. In a clinical trial, the researchers tried to evaluate the efficacy and safety of turmeric extract in individuals with osteoarthritis. It was found that turmeric alone or in combination with glucosamine sulphate has produced significant reduction in pain.

Researchers further added that the participants had a reduced need to take pharmaceutical drugs that were generally prescribed as a treatment. Curcuminoids pertain to a group of compounds in turmeric that contain strong antioxidants.

It also contributes to the deep yellow orange color of the spice. Curcumin is part of this group, and it is believed by many researchers to be responsible for many of turmeric's healing effects.

Curcumin contains antitumor, immunomodulating, antikatabolic, insulin-sensitizing, androgenic, antifibrotic, genoprotective, antifungal, and anti-inflammatory properties. It even has antibacterial, anticarcinogenic, antiviral, renoprotective, anticoagulant, antiseptic, antioxidant, antibiotic, antimicrobial, and anti-purulent agents.

The concentration of curcuminoids has been found to have anti-arthritic activities. Some researchers suggest that turmeric extract that contains 94 percent curcuminoids is more potent in decreasing pain and inflammation compared to the extract that possesses 41 percent curcuminoids. It has been suggested that 3 major curcuminoids are the source of turmeric's anti-arthritic effects.

The benefits of turmeric could be obtained through using curcumin supplements, which are popularized by the high levels of therapeutic agents they contain. However, it is important for consumers to ensure that they are able to pick a formula that is safe, potent, pure and effective.

It is worth considering the use of VitaBreeze Curcumin formula, which has been found by many consumers to be effective in delivering curcumin in the body efficiently.

VitaBreeze is dedicated to ensuring that this formula is not just potent and pure, but also has superior absorption. It offers 50 percent more potency and 50 percent more capsules. It has a potency of 750 mg per capsule and even offers 180 vegetarian capsules per bottle.

What makes it even more beneficial is that it contains a bioavailability-enhancing agent called black pepper. Black pepper extract is believed to be highly effective in increasing curcumin absorption inside the body.

This only means that every capsule has a high potential in delivering the therapeutic effects of curcumin. It is further worth mentioning that this product is free from unwanted agents, which many customers from around the world are trying to avoid.

(amazon.com/Turmeric-Curcumin-Complex-Pepper-Extract/dp/B00JA4TLTI/)

About VitaBreeze

VitaBreeze is a nutraceutical brand that manufactures high-quality natural supplements to help people live a healthy, enjoyable, and longer life. All of the company's products are manufactured in the United States using the finest-quality
ingredients that have been carefully selected, tested, and crafted into the firm’s winning formulas. Visit http://www.VitaBreeze.com to learn more.

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