Diabetics Found to Have Low Magnesium Levels in Their Blood

Melissa Scott July 18, 2018

Divine Bounty Magnesium Citrate is highly potent and pure. It is manufactured in a GMP facility in the United States.

(Newswire.net -- July 18, 2018) Orlando, FL -- Diabetes is a highly prevalent condition today. There are many factors believed to contribute to the onset of this condition, and one is mineral deficiency.

Diabetics have been found to have low magnesium levels in their blood. This macro-mineral has been found to be essential for many of the processes and functioning inside the body. It can be obtained from food, but there are also formulas available like Divine Bounty Magnesium Citrate.

According to statistics, almost 26 million individuals in the United States have diabetes. Further, up to 95 percent of the cases are Type 2 diabetes. Type 2 diabetes is caused directly by lifestyle.

It is worth mentioning that Type 1 diabetes is an autoimmune disease, and it requires sufferers to get insulin injections several times a day to live. Type 2 diabetics do not need medications.

In a new meta-analysis of 13 randomized controlled trials, the researchers studied over 33,000 individuals. It was found that the certain medications were not only ineffective, but were also dangerous.

The researchers even added that the use of glucose-lowering medications showed promise for increasing the risk of death due to heart-related conditions and some other causes.

Magnesium, on the other hand, is a therapeutic, medicinal mineral. It could be potentially useful in individuals with diabetes. Some researchers suggest that around 48 percent of individuals with diabetes have reduced levels of magnesium in their blood.

When there are low levels of magnesium, it could cause an impairment in the ability of insulin to maintain controlled blood sugar levels. Research further suggests that individuals with low magnesium intake have a greater risk of developing diabetes.

In a study, the researchers followed over 4,000 individuals for 20 years. It was revealed that those with the highest magnesium intake were less likely to become diabetic by 47 percent.

Another study also showed diabetes sufferers who consumed high magnesium doses on a daily basis experienced improvements not just in their blood sugar levels, but also Hemoglobin A1c. This was compared to the poor result obtained by the control group.

To experience the diabetes-fighting effects of magnesium, consumers may take into account the use of Divine Bounty Magnesium Citrate. This product is highly potent and pure, and is manufactured in a Good Manufacturing Practices (GMP) facility in the United States.

This amazing formula is free from a variety of contaminants and nasty ingredients many people are trying to avoid. What makes this formula even more beneficial is that it comes with a 100 percent complete customer satisfaction guarantee.

(www.amazon.com/Divine-Bounty-Magnesium-Citrate-Supplement/dp/B01LYWPNY6)

About Divine Bounty

Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced

Divine Bounty

12001 Research Parkway
Suite 236 A
Orlando, FL 32826
United States
(407) 545 7738
media@divinebounty.com
http://www.DivineBounty.com

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