Turmeric Could Fight Arthritis Through Its Powerful Antioxidant

Melissa Scott  August 29, 2018

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(Newswire.net -- August 29, 2018) Orlando, FL -- Turmeric is widely popularized by the healing agents it contains, particularly its anti-inflammatory properties. It has been found to be useful for individuals who suffer from conditions like arthritis. However, it appears that this spice also has other therapeutic agents that can help fight this disease.

Turmeric could fight arthritis through its powerful antioxidant. It has a bioactive agent called curcumin, which possesses anticatabolic, insulin-sensitizing, androgenic, antifibrotic, genoprotective, antifungal, and anti-inflammatory properties.

It also has antibacterial, anticarcinogenic, antiviral, renoprotective, anticoagulant, antiseptic, antioxidant, antibiotic, antimicrobial, anti-purulent, antitumor, and immunomodulating agents.

According to some experts, oxidative stress, or what is called as the imbalance between antioxidant and prooxidant agents in the body, could result in the degradation of joint tissue in cases of arthritis.

In a clinical trial, the researchers tried to find out the effects of curcuminoids and piperine supplementation. Curcuminoids are found in turmeric and piperine pertains to black pepper extract. Black pepper is a great bioavailability-enhancing ingredient, and it works by increasing curcumin absorption inside the body.

The investigators tried to determine the effects of these therapeutic ingredients on the antioxidant status of the participants suffering from osteoarthritis. This study, which lasted for 6 weeks, revealed that there was an increase in the antioxidant enzyme levels in the participants.

The researchers suggest that short term curcumin supplementation could potentially alleviate oxidative stress in osteoarthritis. Further, this natural remedy also helps enhance antioxidant defenses in arthritis.

For many arthritis sufferers, it could be extremely helpful to turn to the use of nonsteroidal anti-inflammatory drugs (NSAIDs) or other pain relievers. However, it is important to remember that these medications could cause side effects.

To avoid these side effects, it would be wise to take into account the use of safer alternatives such as curcumin. It has strong anti-inflammatory effects, but it doesn’t cause adverse effects like the risk of heart disease and gastrointestinal bleeding that comes with NSAID use.

Divine Bounty Curcumin formula could be an excellent alternative to pain medications. It is worth mentioning that this supplement is 50 percent more potent than other brands. For every capsule it offers 750 mg of curcumin, while other brands only offer about 500 mg.

Individuals with arthritis would truly experience the healing effects of curcumin through the use of this formula. It even has black pepper extract, which takes care of increasing curcumin absorption inside the body.

Divine Bounty also demonstrates its commitment in offering the best value of the consumers’ hard-earned money by providing its customers with a complete satisfaction guarantee.

(http://amazon.com/Turmeric-Curcumin-BioPerine-Pepper-Extract/dp/B00VSVKJ8I)

About Divine Bounty

Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate
about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced only the best ingredients to create the ideal blend of turmeric curcumin. More details are available at http://www.DivineBounty.com.

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