Experts reveal that lactase deficiency may be due to one of the three causes, namely congenital, secondary or developmental.

(Newswire.net -- November 12, 2018) Orlando, FL -- Worldwide, lactose intolerant is estimated to affect about 75 percent of the population.

This distressing condition produces symptoms, which often arise when the body fails to digest lactose and it is not correctly absorbed.

According to experts, an enzyme called lactase takes care of breaking down lactose into glucose and galactose. This allows the body to absorb it. The body’s inability to produce lactase leads to lactose intolerance.

The most common symptoms of lactose intolerance are diarrhea, gas, bloating, abdominal pain, nausea, acne, and headaches. Individuals with lactose intolerance normally suffer serious discomfort hours after consuming dairy.

Experts reveal that lactase deficiency may be due to one of the three causes, namely congenital, secondary or developmental.

A congenital absence, which means absent from birth, is caused by a gene mutation. This gene takes care of lactase production. This type of lactase deficiency often produces symptoms shortly after birth.

The secondary lactase deficiency is due to diseases that damage the small intestinal lining along with the lactase. An example of these diseases is celiac disease.

Genetically programmed causes of lactose intolerance pertains to adult-type hypolactasia, which is a decrease in the amount of lactase that occurs after childhood and persists into adulthood.

Statistics show that it affects over 90 percent of adults in some Asian communities. In Northern Europe, especially in people with this ancestry, there is a 5 percent rate of lactase deficiency.

There are digestive enzyme supplements that can provide the body with the lactase levels it needs.

In addition to lactase, it is worth mentioning other digestive enzymes significantly help break down food ingested and allow their nutrients to be absorbed by the system.

This indicates that digestive enzymes are particularly important for health and immunity. Following a healthy diet, such as consuming healthy foods, may be rendered not so useful if the levels of digestive enzymes inside the body are low.

Divine Bounty Digestive Enzymes is a formula that gains more and more interest and trust from consumers. It doesn’t just contain lactase, but also other digestive enzymes.

It is getting positive reviews from consumers due to its remarkable effects, and the results it has been able to produce. This formula could be an excellent option for individuals who are in need to increase the levels of digestive enzymes in their bodies.

This formula is believed to be superior over other brands, and is even backed with a customer satisfaction guarantee.


About Divine Bounty

Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate
about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced only the best ingredients to create the ideal blend of turmeric curcumin. More details are available at http://www.DivineBounty.com.

Divine Bounty

12001 Research Parkway
Suite 236 A
Orlando, FL 32826
United States
(407) 545 7738
media@divinebounty.com
http://www.DivineBounty.com

Source: http://newswire.net/newsroom/pr/00105459-warn-against-the-high-prevalence-of-lactose-intolerance.html