Health Experts Warn Against the Prevalence of Celiac Disease and Gluten Intolerance

Melissa Scott  November 19, 2018

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(Newswire.net -- November 19, 2018) Orlando, FL -- Statistics reveal that one in 133 individuals, or nearly 1 percent of the population, suffer from celiac disease.

According to experts, gluten sensitivity is also known as non-celiac sensitivity or gluten intolerance.

A team of researchers at the University of Maryland Center for Celiac Research conducted a study.

They were aiming to confirm the hypothesis in 2011 that gluten sensitivity involves a different immune system reaction than celiac disease.

The research was spearheaded by center director Dr. Alessio Fasano.

He hypothesized that one with gluten sensitivity suffers from a direct reaction to gluten. For instance, the body considers protein as an invader and combats it with inflammation in the digestive tract, both from the inside and out.

According to experts, this autoimmune disorder called celiac disease is due to the damage to the small intestine when gluten is consumed.

It has been found that this reaction produces autoimmune responses and even nutrient malabsorption. It even leads to IBS symptoms and many more. When gluten is ingested by sufferers of this condition, it can result in pretty serious reactions.

Gluten intolerance, on the other hand, provides symptoms similar to those produced by celiac disease. It is also called non-celiac gluten sensitivity.

It is known to cause symptoms like foggy-mind, abdominal pain, bloating, and much more.

More and more people are struggling from conditions like Celiac disease and gluten intolerance.

This is why an increasing number of restaurants and products have labels that say “gluten-free.”

There are those who reach for antacid every time they experience indigestion, bloating, or gas. What experts strongly recommend is increasing the levels of digestive enzymes.

According to researchers, digestive enzymes are particularly important due to the fact that they take care of breaking down food, and then delivering their nutrients.

Digestive enzymes have been found helpful in reducing digestive distress, which may be caused by gluten-containing foods.

It is important to remember that digestive enzymes are being widely studied due to the essential roles they play on health. Their deficiencies are even associated with a myriad of symptoms and some other undesirable health consequences.

Health experts have been strongly recommending that the levels of digestive enzymes inside the body should be adequate. When deficiencies disrupt digestion, it can lead to many health issues.

Formulas like Divine Bounty Digestive Enzymes could be extremely beneficial for gut health. This supplement is highly potent, and is free from contaminants and nasty ingredients.
About Divine Bounty

Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced only the best ingredients to create the ideal blend of turmeric curcumin. More details are available at http://www.DivineBounty.com.

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