# Resveratrol Found to Be Potentially Helpful in PCOS Sufferers

Alana McIntosh December 15, 2018

Purest Vantage Resveratrol

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(Newswire.net -- December 15, 2018) Orlando, FL -- Resveratrol has long been widely believed to be highly therapeutic. This is due to the fact that it is a powerful antioxidant, which can work wonders in healing the body.

Resveratrol has been found to be potentially helpful in PCOS sufferers. According to a study, Polycystic Ovary Syndrome (PCOS) is ranked as the top cause of infertility in women.

This study was published in the Endocrine Society's Journal of Clinical Endocrinology & Metabolism.

In the United States, there is an estimated number of about 5 to 6 million women who have PCOS. It has also been found to be one of the most prevalent endocrine conditions affecting women in their childbearing age.

According to experts, women with PCOS tend to produce a bit higher amounts of testosterone and other androgen than normal. While these reproductive hormones are typically linked with men, women also have them in small amounts.

It has been found that increased levels in women with PCOS can influence irregular or absent menstrual periods, weight gain, infertility, and acne. It may also play a role in the excess hair growth on the body and face.

This therapeutic ingredient called resveratrol belongs to a plant compound called polyphenols. It has been known to not just have antioxidant agents, but also strong anti-inflammatory properties.

According to Antoni J. Duleba, MD, of the University of California, San Diego in La Jolla, CA, senior author, the study is the first clinical trial to discover that resveratrol significantly reduces levels of testosterone in PCOS patients.

Further, it was able to reduce the levels of dehydroepiandrosterone sulfate (DHEAS), which is another hormone that can convert into testosterone. The researchers suggest that resveratrol may be helpful in moderating the hormonal imbalance, which is one of the central features of PCOS.

In this randomized, double-blind, placebo-controlled trial, there were thirty female subjects with PCOS. It was conducted at Poznan University of Medical Sciences in Poznan, Poland.

It is worth mentioning that there are many health benefits linked with the use of this natural remedy. This is why there are many researchers and clinicians who are trying to investigate its use.

There are many resveratrol supplements available in the market today. One to consider using is Purest Vantage Resveratrol formula, which is widely used for preventive health purposes.

Purest Vantage Resveratrol formula is crafted carefully according to strict Good Manufacturing Practices (GMP) guidelines. It is made in an FDA-approved facility and is free from nasty ingredients. It could be a helpful formula to individuals who want to fight PCOS.

(http://www.amazon.com/Resveratrol-Supplement-Trans-Resveratrol-Additional-Polyphenol/dp/B01N3LZY3O)

### About PUREST VANTAGE

Purest Vantage is passionate and dedicated to developing high-quality products that assist people in maintaining optimal health, enabling them to enjoy all the benefits a healthy lifestyle offers.

## PUREST VANTAGE

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