Health Authorities Now Warn Against the Causes of Jaundice in Adults

Melissa Scott  February 08, 2019

Divine Bounty B Vitamin Complex can aid in delivering the therapeutic goodness of B12 and can reduce the risk of jaundice and looking pale.

(Newswire.net -- February 8, 2019) Orlando, FL -- Jaundice often happens in infants, but it can also be experienced by adults. Doctors say this may be a symptom of a medical condition, but there are also other possible causes.

According to experts, jaundice pertains to the yellowish discoloration of the skin, mucus membranes, and the sclera or the whites of the eyes.

Health authorities warn it could be due to a condition called hemolytic anemia. This occurs when the red blood cells are destroyed and eliminated from the bloodstream before their normal lifespan is concluded.

There are various causes of hemolytic anemia, and it could be acquired or inherited. It may also be caused by the use of certain pharmaceutical drugs, infections, or certain autoimmune diseases.

Doctors also reveal it could be due to hepatitis, which is characterized by the inflammation of the liver. This condition is often caused by chronic alcohol use, viral infections, and autoimmune disorders. Jaundice could be due to hepatitis A, B, C, D, and E.

Another condition called Gilbert Syndrome may cause the symptom. This liver disease is common and often harmless. In the United States, it affects approximately 5 percent of the population.

Jaundice may be due to vitamin B12 deficiency, which has been known to produce some symptoms and health issues.

According to researchers, inadequate levels of B12 inside the body can produce problems in the production of red blood cells in the body.

In some studies, it has been found that vitamin B12 plays a significant role in DNA production. This DNA is required in making red blood cells. In the absence of vitamin B12, the instructions for building the cells end up incomplete. This also disables cell division.

When this happens, it leads to megaloblastic anemia, which is a type of anemia. This condition takes place when the red blood cells from the bone marrow get large and fragile.

It is important to understand that these red blood cells are too big to pass out of the bone marrow, and into circulation. This means that when the body doesn’t have many red blood cells, the skin can look pale.

It is further worth mentioning that the fragility of these cells can mean many of them break down, and this leads to excess bilirubin.

According to researchers, bilirubin pertains to the slightly red or brown-colored substance. It is produced by the liver during the time when it breaks down old blood cells. Huge amounts of bilirubin can produce yellowing of the skin and eyes.

To reduce the risk of jaundice and looking pale, it is wise to ensure that the body has adequate levels of B12. Some supplements like Divine Bounty B Vitamin Complex can aid in delivering the therapeutic goodness of B12.

It contains Choline, Pantothenic acid, Biotin, Vitamin B12, Folic Acid, Niacin, Riboflavin, Thiamin, and vitamin B6.

(http://www.amazon.com/dp/B07414752B)

About Divine Bounty
Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced only the best ingredients to create the ideal blend of turmeric curcumin. More details are available at http://www.DivineBounty.com.

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