

# Several Studies Highlight Curcumin's Natural Pain-Killing Effects

Melissa Scott February 11, 2019



Divine Bounty Turmeric Curcumin

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(Newswire.net -- February 11, 2019) Orlando, FL -- Many diseases and disorders cause pain, and for many people, it is best to use pain-relieving medications. However, it is important to understand that certain natural remedies could potentially be better than certain pharmaceutical drugs.

Several studies highlight curcumin's natural pain-killing effects. This polyphenol is one of the most popular bioactive ingredients found in turmeric, which is an ancient, medicinal spice. According to some experts, this spice could work

wonders in offering a range of therapeutic effects.

Curcumin is a widely-studied phytochemical, and is popularized by the pharmacological agents it contains. It has been found to be a safer alternative to pain relievers due to the fact that it doesn't cause the side effects linked with the use of certain pharmaceutical drugs.

According to some experts, curcumin has natural pain-relieving or analgesic properties. It has a high potential in relieving pain due to its ability to decrease inflammatory parameters. It has been found to attenuate neuropathic pain, which is considered to be a chronic state of pain that develops due to damaged nerve fibres.

This powerful healing polyphenol has a potential to interact with endogenous opioid system, which can result in pain attenuation. Further, this polyphenol could decrease tolerance and may be helpful in replacing opioid painkillers. The anti-spasmodic action of curcumin could also aid in pain relief.

The Journal of Pain Research published a study in 2013. It was found that curcumin has pain relieving benefits that were comparable to conventional painkillers.

Nicol et. al also suggest that the pain relieving action of curcumin was able to attenuate delayed onset muscle pain and soreness. It was also able to help improve performance as well as muscle recovery.

More studies are still underway to validate the amazing therapeutic impacts of curcumin. However today, it is undeniable that many people are using curcumin supplements against a range of diseases and disorders. Curcumin is also a popular remedy for preventive health purposes.

To obtain more of curcumin's therapeutic goodness, many people turn to the use of Divine Bounty Curcumin formula. While there are many curcumin formulations available in the global market, only a few like this formula from Divine Bounty have been found to be highly potent and pure.

This formula is carefully crafted to ensure that consumers are able to experience the therapeutic benefits of polyphenol. Its high potency is one of the reasons behind its global popularity, in addition to its impressive purity.

It is worth mentioning that this supplement is pure and free from a variety of nasty ingredients unwanted by many consumers. This includes GMOs, fillers, binders, additives, and preservatives.

(<https://amazon.com/Turmeric-Curcumin-BioPerine-Pepper-Extract/dp/B00VSVKJ8I>)

## About Divine Bounty

Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced only the best ingredients to create the ideal blend of turmeric curcumin. More details are available at

<http://www.DivineBounty.com>.

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