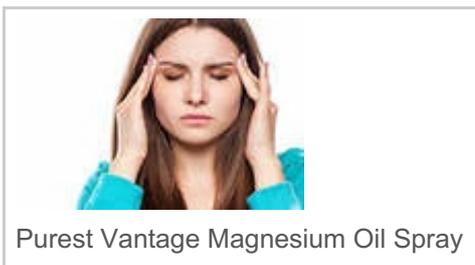


Magnesium is a Migraine-Fighting, Therapeutic Mineral

Alana McIntosh March 22, 2019



Magnesium is a migraine-fighting, therapeutic mineral. This macro-mineral can be found in a variety of vegetables or can also be obtained through supplementation.

([Newswire.net](#) -- March 22, 2019) Orlando, FL -- There are many health benefits magnesium has been found to have the ability to offer. It helps maintain overall health, and could even ward off conditions including the painful ones.

Magnesium is a migraine-fighting, therapeutic mineral. This macro-mineral can be found in a variety of vegetables or can also be obtained through supplementation. It may also be delivered efficiently to the body through the use of Purest Vantage Magnesium Oil Spray.

According to experts, this mineral can affect not just serotonin receptor function but also the production as well as the use of neurotransmitters. Magnesium has also demonstrated its ability to prevent and treat migraines.

It has been found by researchers that individuals with migraine tend to be more likely to have magnesium deficiency than those without the condition. Investigators theorized that there may be a variety of factors that contribute to magnesium deficiency among migraine sufferers.

According to experts, it could be due to poor absorption, renal wasting, increased excretion due to stress or low nutritional intake. It is speculated that high dose or magnesium can cancel attack in progress.

Intravenous (IV) infusion has been found to be the most effective way to experience the sudden benefits of this mineral.

Today, there are many people who suffer from the undesirable health consequences of being magnesium deficient. This is why many health experts strongly advised increased intake of magnesium-rich foods.

Purest Vantage Magnesium Oil Spray may also be an excellent source of this mineral. Purest Vantage is one of the sources of highly reliable health-enhancing, disease-fighting formulas. It spends more of its funds in research than marketing to ensure that its products are backed with scientific research studies and clinical trials.

This carefully-crafted formula could be extremely useful for individuals who suffer from migraines. There are actually many pain relievers available that many sufferers turn to, and this includes nonsteroidal anti-inflammatory drugs (NSAIDs).

While NSAIDs are useful, it is important to remember that their use has been associated with certain adverse effects. This includes the increased risk of stroke, heart attack, and gastrointestinal bleeding.

It would be wise to address migraine in a natural way, such as through the use of Purest Vantage Magnesium Oil Spray. This formula is highly potent and is free from a variety of nasty substances that many consumers are trying to avoid.

It is even protected with a complete customer satisfaction guarantee. It could deliver abundant levels of magnesium's therapeutic goodness (amazon.com/Pure-Magnesium-Oil-Spray-Transdermal/dp/B011T9TASI).

About PUREST VANTAGE

Purest Vantage is passionate and dedicated to developing high-quality products that assist people in maintaining optimal health, enabling them to enjoy all the benefits a healthy lifestyle offers.

PUREST VANTAGE

390 North Orange Avenue

Suite 2300-C

Orlando, FL 32801

United States

(407) 208-2064

media@purestvantage.com

<http://www.purestvantage.com>

Source: <http://newswire.net/newsroom/pr/00108479-magnesium-is-a-migraine-fighting-therapeutic-mineral.html>