

Resveratrol Offers Miraculous Solution for Acne Problems

Melissa Scott April 02, 2019



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(Newswire.net -- April 2, 2019) Orlando, FL -- Today, a variety of acne-fighting products are widely available in the market. However, it is important for acne sufferers to choose one that has been backed up by scientific studies, and that does not cause side effects.

Resveratrol offers a miraculous solution for acne problems. This powerful healing antioxidant has been thought to be extremely helpful in fighting a range of diseases and disorders. It is believed to be responsible for many of red wine's healing effects.

Some experts recommend the consumption of red wine on a daily basis for four weeks to increase levels of HDL, which is a healthy type of cholesterol. It is further worth mentioning that consumption of red wine has been linked with enhanced cardiovascular health.

Resveratrol has been found to be effective in fighting inflammation. There are actually many health benefits of regulating inflammation inside the body. It is worth mentioning that inflammation can be beneficial rather than harmful when it is short-lived and managed.

However when it becomes chronic, it could lead to the onset of various diseases and disorders. Chronic inflammation could also lead to acne. According to some experts, excessive inflammatory response is responsible for the development of acne.

In a study in 2011, a team of researchers had 50 healthy adult smokers. They placed 25 of the participants in the placebo group and the other resveratrol. There were 30-day treatments and 30-day washout periods. It was found that the C-reactive protein levels in the resveratrol group were lower.

It is important to understand that C-reactive protein is a classic measurement of inflammation, and is created as a by-product of inflammatory cytokines. Thus, when the levels of C-reactive protein are low, there is also low inflammation.

Experts believe resveratrol could decrease inflammation by simply inhibiting 5-lipoxygenase. This is an enzyme that aids in the production of pro-inflammatory chemicals, which include interleukin-6 and other cytokines responsible for acne development.

Since resveratrol could decrease 5-lipoxygenase, it could cool any existing inflammation. Thus, it could prevent the onset of acne. It is further worth mentioning that the findings of the study revealed resveratrol could significantly inhibit various inflammatory cytokines.

To experience the acne-fighting effects of resveratrol, consumers may take into account the use of Divine Bounty Resveratrol formula. This highly potent and pure supplement could be an excellent source of resveratrol's therapeutic goodness.

This proudly U.S.-made product could be a great option for individuals who want to take advantage of the strong anti-inflammatory effects of resveratrol (<http://www.amazon.com/Resveratrol-Supplement-Strength-Extract-capsules/dp/B019C0UU5S>).

About Divine Bounty

Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced only the best ingredients to create the ideal blend of turmeric curcumin. More details are available at <http://www.DivineBounty.com>.

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Source: <http://newswire.net/newsroom/pr/00108704-resveratrol-offers-miraculous-solution-for-acne-problems.html>