

Turmeric Found to Significantly Alleviate Arthritis Inflammation

Michelle O'Sullivan April 08, 2019



VitaBreeze Turmeric Curcumin

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(Newswire.net -- April 8, 2019) Orlando, FL -- For thousands of years, turmeric has been utilized due to its medicinal benefits. Today, it is widely studied by researchers and is often used in fighting inflammation-related conditions.

Turmeric has been found to significantly alleviate arthritis inflammation and pain. This deep yellow orange colored spice has a phytochemical called curcumin, which has many therapeutic properties.

Curcumin, to reiterate, has many healing properties and some of the most popular are its anti-inflammatory and antioxidant properties.

Some studies suggest that this phytochemical called curcumin could offer relief to those suffering from rheumatoid arthritis, osteoarthritis, and some other inflammatory arthritic conditions.

There is 3 to 5 percent of curcumin in turmeric. To achieve arthritis pain relief, it is best to take curcumin through supplementation. One is VitaBreeze Curcumin, which is popularized widely by its high potency and purity.

According to experts, this natural remedy works in different ways to decrease arthritis symptoms. It has been discovered by researchers that free radicals inside the body may potentially be the reason behind the occurrence of painful arthritis inflammation.

Free radicals are those unstable molecules missing an electron. They actually occur naturally inside the body, but excessive numbers of them can cause oxidative stress. It is important to understand that oxidative stress is actually associated with inflammation.

Turmeric is considered to be one of the most powerful antioxidant foods along with seafood and leafy greens. Turmeric and its essential components have been validated to have powerful antioxidant properties, which are speculated to reduce the risk of a variety of diseases.

According to experts, curcumin is actually a TNF-inhibitor. This phytochemical has an ability to suppress the response of the body to tumor necrosis factor (TNF). This is a chemical that the immune system produces and causes inflammation linked with rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis and other arthritic conditions.

Further, curcumin can also act as a COX inhibitor. Medications like nonsteroidal anti-inflammatory drugs (NSAIDs) block both COX-1 and COX-2 enzymes.

According to experts, COX-1 enzymes have an influence in blood clotting and stomach health. COX-2 enzymes, on the other hand, influence inflammation that triggers pain.

Curcumin has chemical properties of the COX inhibitor and can offer pain relief. Due to its COX-inhibiting properties, researchers believe it could be potentially helpful for those with arthritis.

VitaBreeze Curcumin formula could be a great source of the powerful healing goodness of this phytochemical. This supplement is popularized widely by its high potency and purity.

It even has black pepper that increases curcumin absorption inside the body. Plus, this formula even comes with a complete customer satisfaction guarantee (<http://amazon.com/Turmeric-Curcumin-Complex-Pepper-Extract/dp/B00JA4TLTI/>).

About VitaBreeze

VitaBreeze is a nutraceutical brand that manufactures high-quality natural supplements to help people live a healthy, enjoyable, and longer life. All of the company's products are manufactured in the United States using the finest-quality ingredients that have been carefully selected, tested, and crafted into the firm's winning formulas. Visit <http://www.VitaBreeze.com> to learn more.

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