Experts Now Stress Heart Disease May Be Prevalent, But Its Highly Preventable

Melissa Scott  May 14, 2019

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(Newswire.net -- May 14, 2019) Orlando, FL -- Cardiovascular ailments are not just highly prevalent, but also deadly. There are many people who struggle from heart disease and are at increased risk of being in a life-threatening situation.

According to research, cardiovascular diseases are on top of the list in the causes of mortality worldwide. It is also worth mentioning that more people die due to these diseases than by any other causes.

Scientists have been investigating into this condition and how its onset can be effectively prevented. According to studies, a majority of cardiovascular diseases are highly preventable by addressing some behavioral risk factors.

Some of these are unhealthy diet, use of tobacco, living a sedentary lifestyle, and obesity.

Failure to address heart disease risk factors increases the likelihood of stroke, heart attack, heart failure, and some other complications.

Multiple research studies highly recommend reduced intake of salt and increasing consumption of fruits and vegetables.

Enhancing heart health and its protection may be achieved through the help of natural remedies like lion’s mane.

According to researchers, this natural remedy could aid significantly in balancing levels of cholesterol. This is thought to be one way that it aids in improving heart health. What makes it even more beneficial is that it also enhances circulation throughout the body.

In an animal study, it has been shown that intake of lion’s mane extract lessened total cholesterol levels as well as LDL and triglycerides.

Scientists even reveal that what makes it all the more beneficial for heart health is its ability to increase levels of HDL cholesterol.

Lion’s mane may even enhance circulation due to its ability to inhibit platelet aggregation. Studies have also shown this medicinal mushroom prevents the thickening of the arteries, which is a characteristic of a heart condition called atherosclerosis.

Lion’s mane doesn’t just have cardiovascular-health enhancing benefits, but also neuroprotective, anti-inflammatory, cognitive-decline-fighting, nerve repairing, blood-pressure lowering, immunity-boosting, cholesterol-regulating, and weight management properties.

It is widely investigated by researchers due to its remarkable healing benefits. Scientific investigators suggest that the use of this therapeutic ingredient could work wonders in warding off a range of diseases.

Today, supplements like Divine Bounty Lion’s Mane are widely resorted to by many consumers. This extra-strength formula could be helpful in delivering the therapeutic goodness of this medicinal mushroom.

In addition to being highly potent, every capsule is loaded with superior quality lion’s mane. This formula is also free from the nasties that many experts warn consumers against. Every capsule is free from binders, fillers, additives, preservatives, GMOs, and binders (www.amazon.com/Organic-Lions-Mane-Mushroom-Capsules/dp/B07LGR1KN7).

About Divine Bounty
Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced only the best ingredients to create the ideal blend of turmeric curcumin. More details are available at http://www.DivineBounty.com.

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