New Studies Suggest Ashwagandha Could Be a Weapon Against Breast Cancer

Amber Greenfield June 10, 2019

NutraHerbals Ashwagandha may be an excellent choice for individuals who want to experience the best benefits of this natural remedy.

(Newswire.net -- June 10, 2019) Winnetka, IL -- In the United States, it has been found that around 1 in 8 females, or about 12.4 percent, will suffer from invasive breast cancer over the course of her lifetime.

It is important to be warned that in 2018, there is an estimated 266,120 new cases of invasive breast cancer in the country. Within this year, it is also predicted that breast cancer will claim the lives of around 40,920 American women.

Health authorities strongly recommend resorting to some measures to reduce the risk of breast cancer. This could be done by making some lifestyle changes, which according to some studies could reduce the likelihood of breast cancer, even in high-risk women.

It is strongly recommended to limit alcohol intake and avoid smoking. An increasing number of evidence recommends that there is an association between smoking and the risk of breast cancer.

Researchers also recommend maintaining a healthy weight as being overweight or obese could increase such a risk. One of the best ways to manage a healthy weight is to become physically active, which is another weapon against various types of cancers.

Fighting fatal conditions like cancer may be made possible through the help of some natural remedies. This includes ashwagandha, which has a long history of medicinal use in Ayurvedic medicine.

In some studies, ashwagandha has demonstrated its potential in fighting cancer-related fatigue. This is in addition to enhancing the quality of life.

This powerful healing ingredient could be useful as a radiosensitizer/chemotherapeutic agent.

In cases of breast cancer, it has been found to inhibit not just the growth but also the cell migration of human breast cancer cells. It has even been able to significantly decrease the rate of cell division in breast tumors.

NutraHerbals Ashwagandha may be an excellent choice for individuals who want to experience the best benefits of this natural remedy.

It features a high potency of 1200 mg, which makes it beneficial over other brands. This Certified USDA Organic formula is even equipped with black pepper extract that could work for maximum ashwagandha absorption.

It is worth mentioning black pepper has also long been known to offer many other health benefits.

What makes it even more beneficial is that it offers 120 Vegetarian capsules per bottle. This formula is even free from the nasty substances many health experts find potentially detrimental to health.

On top of all these, NutraHerbals Ashwagandha is also protected with a money back guarantee (www.amazon.com/organic-ashwagandha-root-powder/dp/B01GZALWGO).

About NutraHerbals

NutraHerbals was established in the year 2016 as one of the leading suppliers in the market. It caters to the various Herbal Ayurvedic products as per needs of the clients. In the world which is being taking over by chemical products which harm the skin, body, and health in general, our products are made using the most natural products available. Our company aims at endorsing the Go Green concept and also caters to the medicinal, nutritional, and healthcare product
needs of a vast majority of clients across the globe.

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