

The CDC Warns That Arthritis Alarminglly Affects About 54 Million Americans Now

Melissa Scott June 12, 2019



Divine Bounty Digestive Enzymes

Researchers found bromelain decreased the level of fibrinogen and aided in the treatment of arthritis. It may be achieved through the use of supplements like Divine Bounty Digestive Enzymes.

([Newswire.net](https://www.newswire.net) -- June 12, 2019) Orlando, FL -- As the Centers for Disease Control and Prevention continues to release warnings on the high prevalence of arthritis, more and more sufferers struggle from the side effects produced by arthritis medications.

According to experts, arthritis produces symptoms that impede one's ability to function and live normally. It produces symptoms of stiffness, pain, and swelling and could even cause a disability.

Robert Goldfien, MD, chief of rheumatology at Kaiser Permanente in Richmond, CA, says that being overweight puts extra strain on weight-bearing joints, like hips and knees.

In a 2016 study, it has been found that obesity cause the likelihood of knee osteoarthritis to skyrocket by 4.7 fold than those with a healthy weight.

There are remedies found helpful for individuals with arthritis, and one is intake of baking soda. In a recent research, it has been found that water combined with baking soda aids in fighting inflammatory diseases.

It may also be beneficial to have a stretch break as repetitive movements can worsen arthritis symptoms. Individuals who work on a desk all day are advised to get some breaks to stretch to release tension.

When it comes to fighting arthritis, a review of clinical studies has shown that a digestive enzyme called bromelain may be helpful.

According to experts, bromelain has analgesic and anti-inflammatory properties. These healing agents make this digestive enzyme a useful treatment for soft-tissue swelling, pain, and joint stiffness linked with osteoarthritis.

Scientists carried out studies to see the effectiveness of bromelain in the treatment of knee and shoulder arthritis. It was found the use of this natural healing ingredient led to some improvements.

There have been multiple studies that show the benefits of bromelain against arthritis due to its inflammation-fighting effects.

One was published in the Cellular and Molecular Life Sciences.

In this research, the anti-inflammatory action of bromelain was extensively assessed. Researchers say that it enhanced fibrinolytic activity. This only means that it improved the breakdown of clots and wound healing.

Researchers found bromelain decreased the level of fibrinogen and aided in the treatment of arthritis.

The benefits of bromelain may be achieved through the use of supplements like Divine Bounty Digestive Enzymes.

Divine Bounty Digestive Enzymes contain 500 mg of digestive enzymes, namely lipase, amylase, invertase, Glucoamylase, papain, and bromelain. It even has prebiotics, and probiotics.

For every bottle, it offers 90 Vegetarian highly potent and pure capsules. What makes it even more beneficial is that it comes with a complete customer satisfaction guarantee (<https://amazon.com/Digestive-Enzymes-Probiotics-90-Capsules/dp/B076MDX648>).

About Divine Bounty

Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced only the best ingredients to create the ideal blend of turmeric curcumin. More details are available at <http://www.DivineBounty.com>.

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