

Doctors Now Strongly Recommend Some Preventive Measures Against Recurrent UTIs

Alana McIntosh June 12, 2019



Purest Vantage D Mannose

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([Newswire.net](https://www.newswire.net) -- June 12, 2019) Orlando, FL -- According to the Mayo Clinic, bladder and urethra infections are highly common. Urinary tract infections are extremely common, and they often require the use of medications like antibiotics.

Elodi Dielubanza, M.D., says that the biggest risk factor for urinary tract infections is the native anatomy of women.

Dielubanza is an associate surgeon and urologist at Brigham and Women's Hospital.

Researchers say that UTIs are often due to the E.coli bacteria. It is important to be warned that some strains of E.coli that live harmlessly in the gut can be infectious in the urethra or bladder.

According to Doreen Chung, M.D., a urologist at New York-Presbyterian/Columbia University Medical Center, certain people have cells with receptors that bacteria can 'stick' to more easily.

Aside from being a female, it is also worth realizing that being sexually active increases UTI risk.

Dr. Dielubanza and Sovrin M. Shah, M.D., an assistant professor and attending physician in the Department of Urology at the Icahn School of Medicine at Mount Sinai, say that it's because there's an increased risk of bacteria being spread around during sex.

More and more studies are looking into the therapeutic benefits of some healing sugars when it comes to fighting off UTIs.

One is D-mannose, which has been gaining increasing popularity in the scientific community. According to researchers, this natural remedy binds with the UTI-causing bacteria like the E.coli.

It is worth mentioning the E.coli has been scientifically found to be responsible for 90 percent of all UTI cases. D-mannose sticks with the bacteria and eliminate them from the body.

This has been found extremely beneficial in reducing the risk and recurrence of UTIs. D-mannose can be obtained from cranberries, broccoli, or via supplementation. It is worth mentioning that the use of D-mannose has long been associated with many other health benefits.

There is a myriad of supplement options available in the market today. However, only a few are highly potent and pure like Purest Vantage D-mannose.

For every bottle, consumers are provided with 120 Vegetarian capsules.

This extra-strength formula offers 600 mg per serving. It is accurately labeled and is thought to be an extremely useful source of D-mannose.

What makes this formula even more beneficial is that it is made according to Good Manufacturing Practices (GMP). It is also tested to be free from contaminants and nasty ingredients like pesticides, binders, mold, stearates, binders, GMOs, and pesticides.

Individuals who have recurrent UTIs may resort to the use of this extra-strength formula. It is worth mentioning this supplement is receiving more and more positive reviews from consumers ([amazon.com/Mannose-Capsules-600mg-Per-Cap/dp/B071J35CP5](https://www.amazon.com/Mannose-Capsules-600mg-Per-Cap/dp/B071J35CP5)).

About PUREST VANTAGE

Purest Vantage is passionate and dedicated to developing high-quality products that assist people in maintaining optimal health, enabling them to enjoy all the benefits a healthy lifestyle offers.

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